

Longacre's PBIS & LIM Lesson Schedule 2019-2020

Courtesy, Accepting Diversity, Treating Others with Respect

2019-20 Longacre PBIS/LIM Lessons

Access Google Doc for PBIS lessons [HERE](#).

	<p style="text-align: center;">SEPTEMBER- S.P.O.T. expectations</p> <p>Manner of the Month: Greeting Others - Book of the Month: Teach Us Your Name (hard copy for each grade level and specials) Printable: https://www.globetrottinkids.com/content/uploads/2019/01/Teach-Us-Your-Name-worksheet-1-1.pdf TedXtalk by author for adults not students: https://www.youtube.com/watch?v=TuGL9_Isfyg</p> <p>Sept 20th Den</p>
1st week	<p>9/3- Overview of S.P.O.T. expectations (what S.P.O.T. represents building-wide) & teach these three lessons:</p> <ol style="list-style-type: none">1. Following directions/ Responding to Signal lesson- PAWS (in all areas of our school - Lunchroom, Media Center)2. Volume control lesson3. Arrival/ Dismissal Lesson4. Playground Lesson (taught by specials teachers on 1st day) <p>9/4- Restroom Lesson 9-5- Hallway Lesson and Locker Lesson 9-6- Pride Circle/Assembly Lesson</p>
2nd week	<p>9-9- Lunchroom Lesson 9-10- Classroom Expectation Lesson 9-11- Self-Monitoring Lesson ("Make a Match") 9-12- When Learning is Interrupted Lesson 9-13- DeBug Lesson</p>
16	<p>Den Lesson: Greeting Lesson include introducing yourself to someone new</p> <ul style="list-style-type: none">● make/update name tents● include things about yourself on your tent● share out partner with someone new each Den meeting to share about ourselves and find ways we are the same and different● talk about diversity
23	<p>Personal Responsibility Lesson</p> <ul style="list-style-type: none">● Review When Learning is Interrupted Lessons● Reinforce Hallway and Locker Lesson

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	October Book of the Month: My Mouth is a Volcano (Last year's book Listen Buddy) October 18th Den
Sept 30	Manner of the Month: Active Listening <ul style="list-style-type: none"> ● How does this relate to courtesy? ● One major way we are proactive is by active listening. ● Connect to Habits 1 and 5 ● Eyes, Ears, Heart and Mind ● We have two ears and one mouth so we listen more than we talk. ● Wait for speaker to finish. ● One person talking at a time (talking stick). ● Model reflective listening
7	Introduce/Review/Practice Habit 1- Be Proactive Lesson <ul style="list-style-type: none"> ● Circle of control ● Water bottle/pop bottle ● Stop and Think ● Hand Signal - Point to Self ● Do the right thing even when no one is looking. ● Bored, Bored, Bored from <i>The Seven Habits of Healthy Kids</i> (page 13)
14	What Time Is It and What Should I Be Doing? Habits 1 and 3 <ul style="list-style-type: none"> ● Review expectations in various settings; hallway, restrooms, lunchroom, recess, arrival, dismissal. ● How does this relate to being proactive? ● How does active listening help you and your classmates know what you should be doing?
21	Guest Teacher Lesson <ul style="list-style-type: none"> ● Courtesy and respect. ● Do the right thing even when your teacher is not watching. ● Treat our guest teachers the same way you treat your teacher
28	Introduce/Review/Practice Habit 2- Begin with the End in Mind Lesson <ul style="list-style-type: none"> ● Who do you want to be? Is this who you want to be? ● What's your end goal? ● Where do you want to be? ● Plan ahead. ● Setting goals and making plans. ● Hand signal: ● Goob and the Bug-Collecting Kit from <i>The Seven Habits of Healthy Kids</i> (page 25)

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	November
	Book of the Month: It's My Turn https://safeshare.tv/x/ss5cffa331e53d# (last year's book: Galimoto) November 22nd Den
4	Manner of the Month: Sharing and Taking Turns <ul style="list-style-type: none">• When, why and how?• How does this relate to courtesy? Read Book of Month
11	Solving problems with Habit 2: <ul style="list-style-type: none">• How do you want this to end?• How can we make this right?• How does active listening help you achieve this goal? Habit 5 connection• Who do you want to be? Is this who you want to be?
18	Introduce/Review/Practice Habit 3- Put First Things First Lesson <ul style="list-style-type: none">• Big rocks, little rocks.• Time matrix.• Prioritizing.• Make realistic list of what you need to do.• Hand signal:• <u>Pokey and the Spelling Test</u> from <i>The Seven Habits of Healthy Kids</i> (page 35)
25	Thanksgiving Week (Review as Needed)

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	<p style="text-align: center;">December</p> <p>Book of the Month: Too Tall Houses by Gianna Marino https://safeshare.tv/x/ss5cffffaa304752# (last year's book Tops and Bottoms) No Dens this month.</p>
2	<p>Manner of the Month: Please, Thank You and Excuse Me</p> <ul style="list-style-type: none">● When do you say these phrases and why?● Creating a habit so you don't need a reminder to use these phrases.● How does your tone of voice impact what you say?● How does that relate to courtesy? <p>Read Book of the Month</p>
9	<p>Introduce/Review/Practice Habit 4- Think Win-Win ("The Highway")</p> <ul style="list-style-type: none">● I win, you win, we win - everyone can win.● I can problem solve when an issue comes up with another person.● I think about what other people want and not just what I want.● I am kind to others and try to think of ways to help everyone be happy.● I make deposits into other's emotional bank accounts.● When conflicts arise I look for a third alternative.● <u>Lily Plants a Garden</u> from <u>The Seven Habits of Healthy Kids</u> (page 45)● Hand signal:<ul style="list-style-type: none">○ point to head with both pointer fingers and say "think"○ Say "win" - point to sky with one finger○ say "win" again and repeat
16	<p>Introduce/Review/Practice Habit 5- Seek First to Understand Lesson</p> <ul style="list-style-type: none">● Taking sticks.● Listen first, then speak.● I keep an open mind to listen to others without interrupting.● I try to understand different people's views and feelings, even if they are different than mine.● <u>Jumper and the Lost Butterfly Net</u> from <u>The Seven Habits of Healthy Kids</u> (page 57)● Hand signal:<ul style="list-style-type: none">○ Say "seek first to understand" and point to head with both pointer fingers○ Cusp hands near mouth while saying "then to be understood"
	<p>Winter Vacation Dec. 23rd through Jan. 1st</p>

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	<p style="text-align: center;">January</p> <p>Book of the Month: <u>Sack Full of Feathers</u> Read to Me book on Epic Books https://www.getepic.com/app/read/10229 (Teachers will need to create a free teacher account to access this book) January 24th Dens</p>
6	<p>Goal setting for new year-</p> <ul style="list-style-type: none"> ● What do I want to improve on in 2020? ● How are you going to get there? Action Plan (Habit #1 and #2) ● WIG Review ● Accountability Partner Expectations <p>Manner of the Month: Kind Words - No Gossip or Rumors</p> <ul style="list-style-type: none"> ● Kind Words - NO Gossip or Whispers (Habits 1 and 4) ● If you can't say anything nice, say nothing at all. ● How does that relate to courtesy? <p>Read Book of the Month</p>
13	<p>Introduce/Review/Practice Habit 6- Synergize</p> <ul style="list-style-type: none"> ● <u>The Big Bad Badgers</u> from <i>The Seven Habits of Healthy Kids</i> (page 67) ● I get along well with others in my group. ● I value the strengths of others and learn from them. ● I know that by working together as a team we can get more done and come up with better solutions than we could alone. ● Hand signal: Put your hand out toward the opposite forearm and grab your forearm. Then shake your arms up and down like a "mixer".
21 Tues.	<p>Introduce/Review/Practice Habit 7- Sharpen the Saw</p> <ul style="list-style-type: none"> ● <u>Sleepy Sophie</u> from <i>The Seven Habits of Healthy Kids</i> (page 79) ● I take care of my body by eating right, exercising and getting enough sleep. ● I balance my time between school, friends, extra-curricular activities and family. ● I am always trying to be a better person ● Hand signal: Pretend you are sawing a tree.
27	<p>Word Power -Using your words to solve your problems, The "I" Message (DeBug; A Bug and A Wish) (Habits 1, 4 and 5)</p> <ul style="list-style-type: none"> ● It bugs me when.....I wish you would....

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	Book of the Month: The Invisible Boy by Trudy Ludwig https://safeshare.tv/x/ss5d0004eaa03bd# (Last year's book Lacey Walker, Nonstop Talker) February 14th Den
3	Manner of the Month: Waiting Your Turn/Not Interrupting (Habit 5) - How does that relate to courtesy? <ul style="list-style-type: none">● We have two ears and one mouth to listen more than we speak● Listen with the intent to understand, not to respond● Listen with your eyes, ears and heart Read Book of the Month
10	It's How You Say It- Lesson on body language and tone of voice(Habit 1) <ul style="list-style-type: none">● Stop & Think- press the pause button when upset● Choose a proactive strategy to calm down before speaking● It's not what you say, but how you say it- check your tone of voice and body language before you communicate with people
19 Weds.	February Break 17 and 18 Review and Catch Up Week
24	When, Why and How to Interrupt (The 3 Ds) (bathroom signals, a true emergency...) (Habit 1) <ul style="list-style-type: none">● Use DEBUG step #5: Get Adult Help when something involves the 3D's

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	<p style="text-align: center;">March</p> <p>Book of the Month: <u>Shaking Things Up</u> By: Susan Hood https://safeshare.tv/x/nQBQXnKcifQ#</p> <p>Last Year's Book of the Month: <u>These Shoes</u> (2018-19) One School One Book: _____</p> <p>March 13 Den</p>
2	<p>Manner of the Month: Integrity</p> <ul style="list-style-type: none">• Doing the right thing, even when nobody's watching• How does this relate to courtesy? <p>Read Book of the Month</p>
9	<p>The "Clean-up"- giving a good apology (Habits 1, 4 and 5)</p> <ul style="list-style-type: none">• Apology Steps<ul style="list-style-type: none">○ Say person's name - eye contact○ Tell what you do that you are sorry for & be specific○ Ask the person to forgive you○ Stick to it• The BEST apology is CHANGED BEHAVIOR
16	<p>Introduce/Review/Practice Habit 8</p> <ul style="list-style-type: none">• Find Your Voice• Inspire Others to Find Their Voice
23	<p>Mind/Body/Heart/Spirit these Four Dimensions will help you find your voice (need/talent/passion/conscience).</p>

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	<p>Book of the Month: Can I Join Your Club https://safeshare.tv/x/IPGMLq0qhFE# The Invisible Boy (2018-19 book) No Dens this month.</p>
3-30 to 4-3	SPRING BREAK
6	<p>Manner of the Month: Including Others (Habits 4 and 6) How does that relate to courtesy?</p> <ul style="list-style-type: none"> ● I win, you win, we win - everyone can win. ● I can problem solve when an issue comes up with another person. ● I think about what other people want and not just what I want. ● I am kind to others and try to think of ways to help everyone be happy. ● I make deposits into other's emotional bank accounts. ● When conflicts arise, I look for a third alternative. ● <u>Lily Plants a Garden</u> from <u>The Seven Habits of Healthy Kids</u> (page 45) ● Hand signal: <ul style="list-style-type: none"> ○ point to head with both pointer fingers and say "think" ○ Say "win" - point to sky with one finger ○ say "win" again and repeat <p>Read Book of the Month</p>
13	<p>Solving Problems about Including Others (Habits 2, 4 and 6)</p> <ul style="list-style-type: none"> ● How do you want this to end? ● How can we make this right? ● How does active listening help you achieve this goal? Habit 5 connection ● Who do you want to be? Is this who you want to be?
20	<p>Diversity Counts- Teamwork (Habit 6)</p> <ul style="list-style-type: none"> ● The sum of the parts is greater than the whole ● Together is better ● Two heads are better than one ● Ask yourself, "How can I help?" ● Synergy action plan: Their way, my way, brainstorm, high way ● It's not my way or your way. It's our way. ● <i>Some book ideas: <u>Little Prickles</u>, <u>A Frog Thing</u>, <u>Giraffe's Can't Dance</u>, <u>Spaghetti in a Hot Dog Bun</u>, <u>Exclamation Mark</u></i>

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27	Review and Reteach Lunchroom Expectations
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	May
	Book of the Month: All are Welcome By: Alexandra Penfold and Suzanne Kaufman https://safeshare.tv/x/ss5cfff0d1de3c# (Last Years Book of the Month: The Sandwich Swap) May 15th Final Den of the Year
4	Manner of the Month Cleaning up After Yourself <ul style="list-style-type: none"> ● Physically cleaning up your own mess in all spaces at Longacre; classroom, lunchroom, bathroom, etc.. ● How does this relate to courtesy? Read Book of the Month
11	Revisit Spot Expectations Friday is our Last Den for the Year: Celebrate Our Work Together, our Diversity, and our graduating 5th graders
18	Be Proactive: You're in charge of your choices. <ul style="list-style-type: none"> ● What have you been doing to help our school or your classroom thrive? ● When there's a problem, what have you done or what can you do to help? ● Habit #2: Begin With the End in Mind/Revisiting Spot Expectations ●
26 Tues	Short week catch up on above lessons that need more focus.

	June
1	Book of the Month: Dream Girl Drum: How One Girl's Courage Changed Music by Margarita Engle (or choose a book about setting and achieving goals on your own. https://safeshare.tv/x/ss5cfff5ee1f83# Summer Goal Setting: <ul style="list-style-type: none"> ● Where do you want to go? Goal setting ● How are you going to get there? Action Plan

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8	End of year reflections
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