



Farmington Public School's Enhanced Employee Assistance Program Benefit

Reminding you about a valuable enhancement to your existing Employee Assistance Program benefit through Ulliance, your EAP.

- Short-term, confidential Ulliance EAP counseling at no cost
- Reduce your out-of-pocket costs, if referred beyond EAP
- The care you need when you need it
- Helpful support for you and your dependent(s)

Farmington Public Schools' eligible healthcare insured employees/dependents can reduce their out-of-pocket expenses for outpatient mental health or substance abuse counseling by using the Ulliance EAP services first.

If you or eligible family members need counseling for an emotional or substance abuse concern, **call Ulliance first**. Our goal is to help you address your concern through EAP counseling first. If your concern requires counseling beyond the EAP, a long-term referral from Ulliance will cost you less than going to a counseling provider under your healthcare insurance.

Your employer has made this enhanced EAP service available as a way to save you money on your healthcare needs.

CALL the the Ulliance EAP FIRST to take advantage of the service!

How it works:

1. You or an eligible family member has an emotional or substance abuse concern.
2. You call Ulliance at 1-800-448-8326.
3. You meet with a Ulliance EAP Counselor for confidential, short-term counseling at no cost to you.
4. If your concern requires long-term outpatient counseling, your Ulliance counselor will refer you to a counseling provider who accepts your healthcare insurance.
5. You pay lower out-of-pocket costs if long-term counseling is needed beyond the EAP. Your benefit coinsurance and out-of-pocket expenses will be reduced by using **Ulliance EAP first**.

If you do not utilize the Ulliance EAP counseling first, you will not receive the cost savings available through your healthcare insurance plan.

Ulliance EAP – support, service and cost savings when you need it most!

1-800-448-8326

