

# Physical Education



Hello! My name is Matt Gasparotto; I am the new physical education teacher at William Grace Elementary. I am SO excited to be teaching at William Grace. I grew up in Farmington Hills, and went to Farmington Public Schools. I feel so fortunate to be part of the William Grace community. Everyone has been so supportive and welcoming I really feel right at home!

We have been busy in the gym practicing our foot dribble and other soccer skills. The students have been working really hard, and have great attitudes and energy. We are wrapping up this unit by playing soccer games and focusing on our teamwork and cooperation skills.

## THE MUSTANG MILE IS BACK!!!!

Students will be able to participate in the Mustang Mile everyday at recess. We have marked off a course on the playground. Five laps around the course equals one mile. The Mustang Mile will be supervised by the Noon Supervisors and the students can log their laps with them daily. We will track each student's progress, and give awards as the students rack up the miles. We will also recognize students who participate in the Mustang Mile in the building by charting their progress. Please help by supporting your child in the Mustang Mile. Ask them "how many laps they did" or help them set mile goals.



*REMEMBER... a step to improve fitness, is a step in the right direction!!!!*