

2012

Lunch Prices

Student Lunch \$2.60



ELEMENTARY MENU

Note: In the event that school is closed because of inclement weather, or other, the menu for returning day is the lunch that was cancelled.

No person because of race, national origin, sex, age, or disability, be excluded from participation in, be denied the benefits of, or be subjected to discrimination in our US Dept. of Agriculture donated food and child and child nutrition programs. Any person who believes that they have been discriminated against should write to the Secretary of Agriculture, Washington D.C. 20250

A Choice = Main Meal Listed

B Choice =

- Monday – All Beef Hot Dog/Bun w/Tater Tots
- Tuesday – Cheese Quesadilla
- Wednesday – Pizza
- Thursday – Pizza
- Friday – Cheesy Breadsticks

Meatless Choices Available

- Bean Burrito or
- Grab & Go Lunch – (Trix Yogurt, Carrots, Raisins, Graham Cracker, String Cheese & Milk 1%)

All Student Lunches Include


- One Entrée, Vegetable and/or
- Fruit(2) combination of two Different vegetables or two Different fruits or one fruit and one vegetable; Bread, Choice of milk.

Pizza – Served with or without Pepperoni upon request.

Please Note: Along with the Daily Choice, those days marked With ☆ indicate a Vegetarian Meal.

www.farmington.k12.mi.us

☆ Denotes Vegetarian

Mon	Tue	Wed	Thu	Fri
		1 French Toast Sticks & Syrup Turkey Sausage Orange Juice Chilled Peaches Milk 1% 753 cal/114.5 carb/25% cal from fat	2 Chicken Tender Wrap Fresh Broccoli with Low Fat Dip Chilled Pears Milk 1% 712 cal/85 carb/25% cal from fat	3 Whole Grain Pasta with Meat Sauce Soft Breadstick Romaine Salad & Dressing Michigan Apple & Milk 1% 806 cal/121/carb/23% cal from fat
6 Whole Grain French Bread Cheese Pizza Whole Kernel Corn ☆ Fresh Banana Milk 1% 575 cal/87 carb/21% cal from fat	7 <u>SPONGE BOB LUNCH</u> Crabby Patty (Hamburger) on a Wheat Bun Patrick Star Potatoes Pineapple Tidbits Milk 1% 640 cal/87 carb/28% cal from fat	8 Chicken Rings Garden Green Beans Wheat Dinner Roll Sliced Apples Milk 1% 515 cal/86.3carb/28% cal from fat	9 Chef Salad with Chicken and Cheddar Cheese Whole Grain Dinner Roll Mandarin Oranges Milk 1% 512.8 cal/60 carb/25% cal from fat	10 Soft Tacos with Beef Taco Meat, Lettuce Cheese and Salsa Apple Slices Smart Cookie Milk 1% 711 cal/90 carb/28% cal from fat
13 Bosco Sticks with Marinara Sauce ☆ Celery Sticks & Dip Mixed Fruit Cup Milk 1% 742 cal/101 carb/26 % cal from fat	14 <u>LUV SCHOOL LUNCH</u> Heart Shaped Chicken Nuggets Smiley Face Potatoes Whole Grain Dinner Roll Valentine Frozen Treat (shape up) Milk 1% 600 cal/90 carb/23% cal from fat	15 Turkey Corndogs Baked Beans Sliced Peaches Teddy Grahams Milk 1% 680 cal/105carb/28% cal from fat	16 Chicken Fajitas with Cheese, Lettuce & Salsa Sliced Pears Milk 1% 642 cal/72carb/32% cal from fat	17 Chef's Choice Only "Choice A" Available
20	21	22	23	24
Winter Break				
27 Nachos & Chips with Cheese Sauce Danimals Yogurt Carrot Sticks & Dip ☆ Mixed Fruit Cup Milk 1% 787 cal/99 carb/36% cal from fat	28 Tyson Chicken Nuggets Tater Tots Whole Wheat Roll Chilled Applesauce Mile 1% 629 cal/92.5 carb/24% cal from fat	29 French Toast Sticks & Syrup Turkey Sausage Orange Juice Chilled Peaches Milk 1% 753 cal/114.5 carb/25% cal from fat	ONLINE PAYMENTS You may make lunch account payments at www.farmington.k12.mi.us Log on to Family Access. Click on Food Service and follow prompts to make online payment.	