

Farmington PTA Parent Forum presents Health and Wellness for your Family on Monday, February 13

Farmington, Michigan—Parents won't want to miss the free parent forum, "Health and Wellness for your Family" hosted by the Farmington PTA Council. This informative meeting will be held Monday, February 13, from 7-9 p.m. at Warner Upper Elementary School, 30303 W. 14 Mile Road in Farmington Hills.

Parents are invited to come and learn about fitness, how to help manage stress in the family, and how to identify and prevent student drug and alcohol use. How to live with student food allergies and nutritional topics will also be discussed.

This forum is co-sponsored by Beechview, Forest and Wood Creek Elementary Schools and is the last in a series of parent and student forums sponsored by local PTA and PTSA units in the Farmington Public Schools. More information is available online on the Farmington Public Schools' web site at www.farmington.k12.mi.us. Questions regarding the forum may be directed to School/Community Relations at 248.489.3349.