

Pontiac Osteopathic Hospital (POH) is offering \$10 sports physicals. In order to make the process faster and easier for students AND the hospital, please be prepared for the appointments to keep them short and to save money. This allows POH to offer this service at such a low cost.

POH's recommended process:

1. Students must be Oakland County residents.
2. Students must acquire and fill out the top two areas of their schools' [physical form](#) and bring it with them to their appointment. Forgetting the form or filling it out onsite slows up the appointment process.
3. Physicals are available by appointment only. Call 248.334.0024 or 248.334.3296; POH will take walk-ins only if their office is not busy.
4. A parent or guardian must accompany any child under age 18.