



# 2009-10 CALENDAR

SPORT	FIRST PRACTICE DATE	FIRST CONTEST DATE	DAYS OR CONTESTS	OPT OUT DUE DATE	DUE DATE OF RATINGS	MHSAA TOURNAMENT DATES				
						DISTRICTS	REGIONALS	QTR FINALS	SEMI FINALS	FINALS
<b>FALL</b>										
Cross Country: LP	Aug 12	Aug 21	15D	Oct 24			Oct 30 or 31			Nov 7
Cross Country: UP	Aug 12	Aug 21	15D	Oct 16						Oct 24
Football	Aug 10	Aug 27	9C	N/A	Dec 1	Oct 30 or 31 & Nov 6 or 7	Nov 13 or 14		Nov 21	Nov 27-28
Golf: LP Girls	Aug 12	Aug 19	16D	Sep 25			Oct 8 or 9 <sup>9</sup>			Oct 16-17
Soccer: LP Boys	Aug 12	Aug 21	18C	Sep 30	Dec 1	Oct 19-24	Oct 27-31		Nov 4	Nov 7
Swimming: LP Girls	Aug 12	Aug 21	17D	Nov 16			Dive: Nov 17			Nov 20-21
Tennis: LP Boys	Aug 12	Aug 19	16D	Oct 2			Oct 8 or 9			Oct 16-17
Tennis: UP Girls	Aug 12	Aug 19	16D	Sep 25						Oct 2
Volleyball	Aug 12	Aug 21	18D	Oct 7	Dec 1	Nov 2-4 & 5 or 6 or 7	Nov 10 or 12	Nov 17	Nov 19-20	Nov 21
<b>WINTER</b>										
Basketball: Boys	Nov 16	Dec 7	20C	Feb 10	Apr 1	Mar 8 & 10 & 12	Mar 15 & 17	Mar 23	Mar 25-26	Mar 27
Basketball: Girls	Nov 9	Nov 30	20C	Feb 3	Apr 1	Mar 1 & 3 & 5	Mar 9 & 11	Mar 16	Mar 18-19	Mar 20
Bowling: Boys & Girls	Nov 12-UP Nov 19-LP	Nov 28-UP Dec 5-LP	24D	Feb. 5			Feb 26-27			Mar 5-6
Competitive Cheer	Nov 9	Nov 23	12D	Feb 5	Apr 1	Feb 20	Feb 27			Mar 5-6
Gymnastics	Oct 26	Nov 14	15D	Feb 26			Mar 6			Mar 12-13
Ice Hockey	Nov 2	Nov 16	24C	Feb 3	Apr 1		Mar 1-6	Mar 9-10	Mar 11-12	Mar 13
Skiing: Boys & Girls	Nov 16	Dec 12	15C	Feb 5			Feb 11 or 12			Feb 22
Swimming: LP Boys	Nov 23	Dec 5	17D	Mar 8			Dive: Mar 9			Mar 12-13
Swimming: UP Boys & Girls	Nov 9	Nov 21	17D	Feb 15						Feb 20
Wrestling: Individual	Nov 16	Dec 2	16D	Jan 27	Apr 1	Feb 13	Feb 20	<b>ALPHA WEIGH-IN 10/19/09 - 1/31/10</b>		Mar 4-6
Wrestling: Team	Nov 16	Dec 2	16D	Jan 27	Apr 1	Feb 10 or 11	Feb 17			Feb 27
<b>SPRING</b>										
Baseball	Mar 15	Mar 24	56 G+D	May 12	Jun 1	Jun 1, 4 or 5	Jun 12	Jun 15	Jun 18	Jun 19
Golf: LP Boys	Mar 15	Mar 22	16D	May 12		May 27 or 28 or 29	Jun 3 or 4 or 5			Jun 11-12
Golf: UP Boys & Girls	Mar 15	Mar 22	16D	May 21						Jun 4
Lacrosse: Boys & Girls	Mar 15	Mar 24	18C	May 5	Jun 1		May 20 Jun 5		Jun 9	Jun 12
Soccer: LP Girls	Mar 15	Mar 24	18C	May 12	Jun 1	Jun 1-5	Jun 8-12		Jun 16	Jun 19
Softball	Mar 15	Mar 24	56 G+D	May 12	Jun 1	Jun 1, 4 or 5	Jun 12	Jun 15	Jun 18	Jun 19
Tennis: LP Girls	Mar 15	Mar 22	16D	May 14			May 20 or 21			Jun 4-5
Tennis: UP Boys	Mar 15	Mar 22	16D	May 28						Jun 3
Track & Field	Mar 15	Mar 24	18D	May 17-18			May 21-22			Jun 5